

## LETHAL DISORDERS AND "IMMORTAL" PARTICLES

by Charles H. Clever, Registered Nurse (retired) ©

"God prohibited the Jews from eating certain foods," said Ben, my musically talented friend, "and I am not eating them anymore." His sincerity was evident and he spoke with conviction, "God must be warning us about something that science has not discovered and I'm not taking a chance—you just don't know!"

Little did we know that eating certain *foods* allows them to literally eat you alive, slowly, imperceptively. These agents often have a mission—to consume and obliterate. They assume phagocyte forms, which are ***cells that ingest and destroy foreign particles, and cell debris.***

That conversation with Ben was decades ago and remained in my mind during college pre-med anatomy, physiology and microbiology classes. Our studies included how to kill cellular pathogens and virus' in an autoclave under 15 pounds pressure at temperatures of approximately 250 F (120 C), but the Bible, it has a frightening warning that something dangerously "unclean" survives much higher temperatures. Even though these *foods* are called an ***abomination***, the warnings are grossly belittled and ignored by the majority for over 3,000 years (Leviticus 11:11).

*"And every [thing] whereupon [any part] of their carcase falleth shall be unclean; [whether it be] oven, or ranges for pots, they shall be broken down: [for] they [are forever] unclean, and shall be unclean unto you"* (Leviticus 11:35, KJV).

Ben was using sound logic and not knowing its identity, that "something" is actually in everything we eat—in some cases it could be more subtle and dangerous than other pathogens.

"Certainly the Bible is wrong", you may surmise, because according to that biblical text, even pizza ovens used in cooking steaming sausage pizzas are ill-fated.

For those who religiously avoid biblically unclean *food*, eating an egg burrito, pancake, or grilled cheese sandwich is prohibited if prepared in a restaurant serving grilled "unclean" *foods*.

Although the quantity of the "unknown contaminant" is insignificantly small in these examples—"contact" is not like eating the entire "abomination"—scriptures are obviously focusing our attention on something that is virtually indestructible, dangerous, and we should take notice.

Researching the Internet rewarded me with information on living particles that will actually survive an autoclave; in fact, they are found viable in fireplace ashes, soot from the chimney, and just plain dirt—they survive temperatures exceeding the melting point of quartz crystals. Somatids have independent and purposeful functions, denoting intelligence, and are also found in everything living, whether flesh, fruit, or vegetable.

First viewed in blood samples during the 1800s using primitive microscopes, and only visible at noon in the months of June through August, these small particles were called *microzymas*. The Summer has higher ultraviolet radiation and this made them barely visible, but in the 1900s and using what is called a dark-field microscope, the sub-cellular particles are clearly seen. Today they are usually called "somatids."

A single somatid is like several building contractors with changing but specific purpose—construction, maintenance, and demolition. Ongoing research finds them constructing cells, maintaining the host in a healthy condition, then changing into pathogens to finally dissolve the corpse through fermentation and then consuming the residual liquid as a bacterial form. Although the host ceases to exist, somatids multiply and ultimately remain *alive indefinitely* among the elements of the soil from which they came, "You are soil, to soil you will return" (Genesis 3:19, CEB).

Many scholarly presentations documenting somatid research are viewable on YouTube. One such video of *microzymas* depicts their different stages, revealing these microbes as what would years ago have been considered *science fiction*. The presentations verify much of what I say. Watch a single somatid product change into three spores in about 20 seconds, and spores morph into bacteria, yeast, and fungus. Watch an informative video on the Internet at: <https://www.youtube.com/watch?v=Py-hutc5ZNM&t=32s>

Could renegade somatids be what the Bible is warning about? And because they change from maintaining the host in a healthy state, to finally causing its destruction, are certain **foreign** somatids aggressive (pathogenic) and capable of wearing away our life forces by removing healthy tissue, thus stressing the immune system to the limit?

Autoimmune diseases like neuropathy, fibromyalgia and arthritis, are disorders where we **assume** our immune system is actually attacking us internally. This may be true in some cases, including inherited DNA disorders, chemical contaminants, and nutritional deficiencies, which may also cause inflammatory disorders, but how about somatids? I wondered—*could specific foreign somatids be phagocytic and wantonly consume us internally—piece by piece; and then, our immune system is weakened or overtaxed in the process of repairing the ongoing damage—and perhaps losing that battle—even to cancer?* And these assaults may be one reason why an average of roughly thirteen [drug prescriptions are written annually for each man, woman, and child in the United States?](#)

Marvin was a health enthusiast but now seldom exercises at the gym--unfortunately he faces knee replacement surgery.

He is about my age and uses a cane to walk. Pain patches are visible on his shoulders and his slow gate and bent posture indicates agony with or without movement.

Marvin has degenerative arthritis, also known as osteoarthritis. This inflammatory malady advances slowly from connective tissue and cartilage in the skeletal system that erodes faster than it heals.

One day Marvin's wife was exercising with very light weights. I only saw her there once and her joints were grossly enlarged. Marvin's face exhibited stress as he sadly said she spends much of her days immobilized in bed—the culprit, inflammatory arthritis.

Marvin's wife is an avid reader and studies everything she can find on the Internet—arthritis afflicts about one-half of the retired people—and she finds nothing to help them. I wondered . . .

I wondered, "*Their problem is probably diet related as married couples usually eat the same food and have similar disorders; would a population study show a **reduced rate of inflammatory disorders** where more people follow the Old Testament dietary laws?*"

A well-researched and referenced Internet article documents much that science knows about arthritis. Lo and behold, this study also notes **a remarkable decrease in arthritis**, to quote: "**East of the Mediterranean Sea, in North Africa, and the southern part of East Asia.**"

Exploring many different avenues, the author was unable to make a positive determination of why these populations have less autoimmune disease, but *somatids* were worth my consideration.

These geographic areas have a greater Jewish or Muslim population. Those who obey their religion **will not eat pork, reptiles**, or any mammals with paws or claws. The Bible similarly prohibits eating marine life without scales and fins such as the catfish, shark, clam, oyster and lobster (Leviticus 10:10-12). That research article is readable Online:

[\(https://nutritiousmovement.com/world-osteoarthritis/\)](https://nutritiousmovement.com/world-osteoarthritis/).

If populations who largely avoid biblical unclean *food*, or have an impressive vegetarian population like India (40% counting those who use eggs), show *less inflammatory disorders* in their musculoskeletal system, then the opposite should prove true in territories where *more unclean foods are eaten*, and I knew just such an area in the United States.

Portions of the Bible Belt, extending predominately from the Mid-West to Atlantic Coast, are noted for their "pork" diet. My relatives lived in Oklahoma and ate pork every day—it is a dietary staple. Ham or bacon is for breakfast, often with biscuits and sausage gravy. Whenever we ate home-cooked green beans or Swiss chard, it was necessary for me to spoon out bacon pieces. Those living near backwater or ponds felt fortunate to eat catfish, and they almost always cook beans with ham hocks for flavoring—so, back to the computer again to find United States statistics on arthritis—an indicator of inflammation, an indicator of compromised tissue.

The Center for Disease Control (CDC) has just such a map showing *deep-arthritis pain*. See for yourselves and notice the difference in the north-central U.S. region where range cattle predominate, as compared to the "biblically unclean" diet of the Bible Belt:

<http://revelado.org/map.arthritis.pain.jpg> Please observe that not only is the Bible Belt higher in arthritic symptoms, but so are coastal regions where crustaceans and shellfish are harvested.

It is interesting to observe that cities in the United States reporting the highest rates of [migraine headaches](#) also fit into this "unclean" geographical pattern: Cincinnati, OH-KY-IN; Madison, WI; Little Rock-North Little Rock, AR; Knoxville, TN; St. Louis, MO-IL; Nashville, TN; Johnson City-Kingsport-Bristol, TN-VA; Chattanooga, TN-GA; Greenville-Spartanburg-Anderson, SC; Canton-Massillon, OH.

That CDC map for arthritis pain in the Bible Belt is similar to their map for diabetes. Beta cells in the pancreas are easily damaged, and for children, infantile diabetes (type 1) is also related to the mother's meat consumption\* during her pregnancy and while nursing: <https://www.ncbi.nlm.nih.gov/pubmed/22391937>

The same pattern is observable for prostate cancer. East Mediterranean and India have minimal prostate cancer deaths: <http://globocan.iarc.fr/old/FactSheets/cancers/prostate-new.asp>

Recently I shared these concerns with a physician, Dr. Anderson. He is receptive to progressive truths and we both acknowledged this topic was not taught in medical school. He was not familiar with somatids, but suggested they may be related to *prions*. Prions are almost "indestructible" sub-cellular particles causing CJD-type (mad-cow) neurological aberrations in the brain and are potent pathogens.

Dr. Anderson asked, "I wonder if there is a correlation between somatids and Alzheimer's disease." I happened to have another CDC map with Alzheimer Disease data showing every southern state is higher than the national average for Alzheimer Disease. That information is Online and the map shows statistical death rate per state for Alzheimer's Disease. [https://www.cdc.gov/nchs/images/databriefs/101-150/db116\\_fig4.png](https://www.cdc.gov/nchs/images/databriefs/101-150/db116_fig4.png)

"Is it possible?" I thought, "Is a remedy to recover from 'indestructible' somatids possible?" Somatids are the basis of life as we know it and I consider them God particles. They have survived temperatures of 1,832 degrees F (1,000 C), enduring acid washes, radioactive water; and are also found in rock formations—this seems impossible—but Dr. Anderson had the answer I was searching for: "According to Doctor McDougall," he said, "changing to a vegetarian diet reduces and sometimes eliminates inflammatory diseases."

I gave him a smile and thumbs up, saying, "This is just what I wanted to hear."

Somatids may be eliminated because the gallbladder passes larger particles from the blood. These "alien" particles could gradually be removed through the bile duct into the lower intestines for final elimination.

With lifestyle changes, some residual damage may remain, but the advancement of the disorder would slow if one stops eating **aggressive** somatids—perhaps the symptoms may cease altogether, but without changing the diet, we just do not know.

Some Youtube videos of somatids show a brief graphic of what appears to be a bursting balloon spewing out paint particles—[YouTube](#). That is the sixteenth and last phase of the Somatid cycle where they propagate by emitting thousands of new somatids to repeat their life-cycle. Will you survive somatids? It just depends on how they perceive you—friend or foe—and it might prove unstoppable and terminal. The somatid cycle is viewable Online: <http://ahealedplanet.net/somatid.jpg>

Of course we have long known that germs and virus' may infect us and multiply within—that is why we have vaccinations, antibiotics, and protective quarantines.

We also have normal resident somatids whose mission is controlled by varying conditions within us. For example, a cancer-prone personality may promote cancer by altered body chemistry. When this person is a nocturnal problem-solver, the sleeplessness imbalances body chemistry and the somatids perceive problems and form cancer. When that person alters circumstances and "sleeps like a log", the stress hormones stabilize and the somatids return to normal and the tumor disappears. More on this here: <http://www.alternative-cancer-care.com/>

Then foreign somatids may see us as alien tissue and attempt removal of our healthy tissue. Regardless, Somatids affect the entire system and those with arthritis have twice the expected death rate from heart or Alzheimer's diseases. Rheumatoid arthritis is also linked to many different cancers (<https://www.ncbi.nlm.nih.gov/pubmed/21279991>).

An interesting statistic is India where more inhabitants are vegetarian. They are among the lowest cancer, dementia, arthritis, and Alzheimer's people of the world; their diet is anti-paleo. Paleo is a term denoting the supposedly high-flesh diet of cave men and mimics the Atkin's high-protein diet.

The statistics for India would improve further if they only used *refrigerated* and "grass-fed" butter, known for promoting longevity because of a high vitamin K2 content. Unfortunately, their butter is heat-processed, then stored indefinitely at room temperature.

Although healthy in many respects, India surpasses most nations for deaths from heart disease and diabetes. They consider this butter a health food and is known as *ghee*. Its saturated fats store longer at room temperatures because the whey products are removed but, its unrefrigerated cholesterol alters from oxidization.

Studies show it is the aged cholesterol, like in sharp cheeses, dehydrated fish, and unrefrigerated forms of butter, lard, powdered eggs, poultry, or fish eggs (caviar), that damages the cardiovascular system; its free-radical molecules can also cause child-onset diabetes if a mother [eats improperly during her pregnancy or while nursing](#).\*

Learn from their mistake and do not eat aged or unrefrigerated cholesterol-containing foods —jerky, dehydrated fish, caviar, sharp or aged cheese, lard, fried pork skins and products containing powdered eggs—keep butter and cheese refrigerated until immediately used in cooking or served fresh.

Recently discovered factors in aging includes the slow calcification of our soft tissue. This "petrification" can be normalized by diet and supplements. It is further explained here:

<http://www.lifeextension.com/magazine/2014/9/the-surprising-longevity-benefits-of-vitamin-k/page-01>

At the end of that article is a caution for people prescribed anticoagulants. Because vitamin K1 may thicken the blood, I take a supplement with baby aspirin, using a combination form of vitamin K. Search for **SUPER K** on your favorite Internet shopping site.

Another thought to consider is, knowing the survivability of somatids and prions in fecal matter might merit [classifying human waste a biohazard](#), and worth considering for what purpose and where sewage sludge from humans or unclean animals be used for fertilizer. Very high dementia is found in areas recycling human waste, and grasslands are contaminated for years after grazing CJD infected animals.

And of such human or animal waste, what type of fertilizers should one use for home gardening? Because pathogens have been demonstrated to pass through root membranes to foliage and produce, we should first consider organic plant compost, then hydroponics, or properly composted and heat-treated fertilizer from biblical-clean animals. Until further studies prove them safe, fertilizers from human and "unclean" animals are best reserved for non-edible foliage like shrubs, trees, flowers, and non-pastured grass.

Please don't believe everything you hear—"peace and safety", they say—you are really playing Russian Roulette with your health. It is much better to be sensibly safe than sickly sorry, even if you are falsely diagnosed with a persistent paranoid personality disorder.

Perhaps your municipal reclaims sewage water and it is not 100% reverse-osmosis treated, or there is underground sewage disposal near your water source. Consider distilling the tap or well water through a personal reverse-osmosis water filter. This membrane-type filter removes waste matter that is smaller than those "immortal" particles.

Living in the country with my own sewage disposal system and ground-water-sealed well could be risky. Water flows underground and my water table could have contamination, even from the neighbor's sewage system. Since about 1980, osmosis-purified water is used from the unit installed under my kitchen sink; this is about a \$150 investment and filters particles of 0.0001 micron, about 5,000 times smaller than somatids. The purity of osmosis-treated water is similar to mountain rain water and is predominately used when I travel—rarely is commercially bottled water purchased.

The age of the human race has declined from patriarchal times to ours, and reducing somatids, even in the atmosphere, may be another means to consider in promoting health and longevity.

Because somatids are observable morphing to microbes, which may also circulate in the air we breathe along with molds, dander, fungus, mite-dust, and other airborne pollutants, it may be wise to filter your air. I have used a home air filter for years and they have a circulating fan that continuously cleanses household air. For removal of the smallest particulate matter, look for units that meet HEPA specifications.

You may wonder about Ben, my musician friend. He was not faithful to his dietary commitment and even smoked and used alcoholic beverages—unfortunately, Ben died of cancer long before attaining retirement age.

At the gym I discussed somatids with Marvin, asking him to study my writings with his wife. He seemed indifferent and like others, will probably undergo surgery while continuing his lifestyle and not trusting God's warnings, but having faith in doctors who mainly treat the affects and symptoms of inflammation.

On the Internet there is a great deal posted on how somatids function, even studying how acidity alters their structure, but scientists don't seem to recognize **foreign** somatids as pathogenic or harmful. If they believed the Bible and followed Leviticus 11 in faith, they would benefit as predicted in Deuteronomy 7:15, "And the LORD will take away from thee all sickness. . . ." Jesus also said in Matthew 10:41: "He that receiveth a prophet in the name of a prophet shall receive a prophet's reward."

A rule among scientists is, "association does not prove causation"; however, "unless God says" should be appended. You see, He is all-knowing and expects us to believe Him without first conducting double-blind, placebo controlled, crossover studies.

***Early researchers knew somatids are essential to life at all levels, and their existence proves the impossibility of random chemical reactions as origins and intelligence. The mystery, yet unbelievably complex functionality of somatids, inspires my faith by speaking of the Master Designer's ingenuity; had we studied them in college, Darwinism for origins would need removed from the biology curriculum.***

Faith is the reason I am alive today. My lifestyle changed 180 degrees when baptized in 1974. Fifty years ago chronic irritation of the esophagus from tobacco-induced coughing caused blood in my phlegm; there was pain in my right elbow; both knees hurt when flexed which made it difficult to climb stairs, jog, or do leg presses at the gym. Bacon was eaten almost every morning during my younger years. Sandwiches were often ham or *Spam*—a canned meat containing pork shoulder and ham. Fried pork chops were also a family favorite.

Although raised by a very health-conscientious doctor who insisted we shun sugar and eat whole-wheat bread, we just did not know better.

Thanks to God, He gave me a better lifestyle. Tobacco was discarded as was social drinking, and my diet changed. Today, after more than forty years as non-flesh-eating vegetarian, I am *statistically opposite* of the *expected*. Arthritis usually increases with age—yet my condition has improved with time but . . .

Although I quit eating biblical unclean *foods*, eggs from range-free hens fed a vegetarian diet are still used (Europe's Emma Morano died at age 117. She lived unassisted, alone, and most of her life ate three-or-more

eggs per day, often raw. Eggs test high in antioxidants like lutein that preserves eyesight, and choline lowers homocysteine levels. Elevated homocysteine is a marker of premature death. Range-free eggs and butter from grass-fed cows are sources of menaquinone-4, a form of vitamin K2 that promotes strong bones and keeps calcium from depositing in soft tissue. Unless refrigerated after cooking, it is best to eat eggs *soon* after preparing).

Now in my mid-seventies, I can leg-press more than 300 pounds at the gym—this was impossible years ago. Physicians sometimes say I am 20 years younger than actual. A healthy heart and clean arteries is confirmed by electrocardiogram, ultrasound, and angiogram. I have annual *Life-Line Screening* that prove the benefits of healthful living; I laughingly say, "I plan on outliving my grandchildren."

You may also benefit by living for health and adopting the remedy of vegetarianism. Read Doctor McDougall's anti-inflammatory diet. He advocates complete abstinence from animal products. The McDougall diet is linked here: <https://www.drmcDougall.com/health/education/health-science/featured-articles/articles/diet-only-hope-for-arthritis/>

A word of caution is proper about vegetarian diets: It is wise to make these changes gradually and use mostly 100% whole grains. Harvard University studies show whole grains add seven to twenty years to your life. And eat an abundance of fruit and vegetables as well as legumes, nuts, and supplement vitamin B12. You should find it exciting and fun to search, discover, and prepare new meatless recipes—it is amazing.

Use soy products with care as several studies show neurological problems with **unfermented soy**, such as brain atrophy and mental decline with long-term use. Brain shrinkage may indicate somatid aggression from non-flesh sources; more research is needed on plant somatids as scavengers:

([http://www.huffingtonpost.com/dr-mercola/soy-health\\_b\\_1822466.html](http://www.huffingtonpost.com/dr-mercola/soy-health_b_1822466.html)) (Fermented soy may be an abundant source of menaquinone-7, a long-acting form of vitamin K2).

Everything in the plant kingdom was not created for food, and our systems may vary. If avoiding flesh in the diet does not completely eliminate your autoimmune symptoms, it might be prudent to temporarily eliminate different grains or the nightshade varieties (tomatoes/potatoes/peppers/eggplant, etc.), while watching for improvements.

By now you should know, **God knows best and we don't**. The superior non-flesh diet is what He gave in the Garden of Eden, and we will practice this diet throughout eternity when, "God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away" (Revelation 21:4).

"The wolf and the lamb shall feed together, and the lion shall eat straw like the bullock: and dust [shall be] the serpent's meat. They shall not hurt nor destroy in all my Holy Mountain, saith the LORD" (Isaiah 65:25, KJV).

And you may wonder, *If God is truly loving and concerned about our well being, He would certainly have told us about the dangers of somatids*. Well, in a way He did—many don't listen—but somatids are in *all* animals, and their flesh is different from ours. The somatid from another source could, for example, very well view our healthy tissue's structure as different, an abnormality, and inflammation is possible as it assails you, its new host.

Let me suggest you eat of, "The ferret, and the chameleon, and the lizard, and the snail, and the mole. These are unclean to you among all that creep" (Leviticus 11:30,31). Each creature's respective somatids are programmed to maintain their species-specific tissue in a healthy condition. It may perceive your *normal human tissue* as an injured or foreign substance and worthy of destruction—they are merely doing what they are suppose to do in removing "abnormal" cells internally—your brain, nerve, muscle, and cartilage.

Cartilage is usually on an articulating surface so displays the greatest wear and pain—but the damage is system-wide and could even affect mental processes.

And this leads one to think this God-given diet may be responsible for the so called *Genius Effect*. This term is sometimes attributed to the Jewish people. They have predominately avoided biblical unclean *foods* about 2,000 years longer than other ethnic people. Since Nobel prizes in science were first awarded in 1901, twenty-two percent of the honorees have been Jewish, yet they make up less than two tenths of one-percent of the global population.

Furthermore, living on an anti-inflammatory diet increases cellular life as displayed in DNA research among [Ashkenazi Jews](#). And concerning verbal reasoning, comprehension, and working memory, they test with an above average IQ of [about 125.6](#).

The Kocher diet was glorified when the Hebrew children were compared to others: "Whenever the King consulted them about any aspect of wisdom and understanding, he found them head and shoulders above all the dream interpreters and enchanters in his entire Kingdom" (Daniel 1:20, CEB). Because, "God intended that through obeying His dietary requirements, *their descendants would have possessed both physical and mental strength. They would have had clear perceptions of truth and duty, keen discrimination, and sound judgment*" (White, *Patriarchs and Prophets*, 1890, p. 379).

If there are such benefits from avoiding, and dangers of eating, these "foreign invaders", I ask again, Did God tell humanity? Yes He did, but through the prophetic gift of inspiration.

About 150 years ago the Seventh-day Adventist Church was organized and God gave them an extensive health message through the prophetic gift to Ellen G. White. White did not want to be called a prophet as that gift is often counterfeited or misapplied. Considering herself a "messenger" to the world, her adherents were told to restrict sugar—"Sugar clogs the system. It hinders the working of the living machine" (Ellen White, *Counsels on Diet and Foods*, p 328). That *clogging* is today called glycation and the *microzymas* video reveals damage that sugar does in your blood. Followers were told to reduce salt intake—today virtually all doctors recommend this. They were also told tobacco is not a "magical herb", like doctors taught in the 1800s, but it is a "malignant poison"—in fact, in that century the Adventist church classified tobacco as a vice similar to alcohol, and refused church membership for those who were "slaves of tobacco." And what about pork? Well, Ms. Ellen Gould White acknowledged God had good reasons to prohibit it from the Jewish diet. White spoke harsher than any health department official ever does on the perils of eating "swine's flesh", especially when raised in the southern states.

In harmony with *New Testament* principles, in Ellen White's lifetime the Adventist Church did not require new converts to abstain from either biblically clean or unclean meat to become church members. White never legally applied the Jewish dietary standards of Leviticus 11 to "new covenant" Christian believers, but firmly encouraged the **voluntary abandonment** of flesh as food.

White acknowledged that Jesus ate what was prepared by Samaritans, "this despised people" (*Desire of Ages*, p 193.2; Luke 10:7,8). Two times the New Testament says that even Apostle Peter ate with Gentiles (Acts 11:3; Galatians 2:12).

White did not want God's health instructions taken to extremes through church legislation and she ate meat when healthy alternatives were not available; in fact, oysters are high in zinc and iodine and were then considered therapeutic and known to strengthen the immune system. Ellen White ordered canned oysters while living on the California coast (*Manuscript Releases 852*).

Truth advances with time and God meets us where we are. He instructs in Revelation 2:25: "That which ye [already] have hold fast till I come." Today we know about somatids and it is easy to reason that oyster consumption is why Ellen White had debilitating arthritis while living in Australia.

Like now, in the 19th century, salvation was of higher priority than arguing diet. White writes in *Manuscript Release 5* of 1881:

"The question whether we shall eat butter [which is dangerously unrefrigerated, like ghee in India]; meat [both clean or unclean], or cheese [unrefrigerated and aged like parmesan] **is not to be presented to any one as a test** [for church membership], but we are to **educate** and to **show the evils of the things that are**

**objectionable. Those who gather up these things and drive them upon others** [through seminars and church legislation] **do not know what work they are doing.**"

And White's statements about the dangers of eating animal flesh are valid today. When she writes, "I was shown", that means God taught her. She instructs:

**"Cancers, tumors, and all inflammatory diseases** are largely caused by meat-eating. From the light [truth] God has given me, the prevalence of **cancer and tumors** is largely due to gross living on dead flesh" (Ellen G. White, *Testimony Studies on Diet and Foods*, page 174).

Scholars might study the *New Testament* and wonder exactly why only abstaining from "blood and the meat from strangled animals" was enjoined on the *New Testament* Christians (Acts 15:20, CEB). Why blood? We now know that somatids are highly concentrated in the blood, even inside red blood cells—therein is the "life" (Genesis 2:9) and it "crieth" from the ground (Genesis 4:8). This leads one to appreciate why *God restricted our consumption of blood-born somatids from all animal sources?*

According to the *New Testament*, Christians are not under restrictions of the Abrahamic religion, or what is known as the *Old Covenant*. Instead, we are governed by a superior and permanent system called, *The Order of Melchizedek*. Hebrews 7:21, 22 explains:

"The Lord sware and will not repent, Thou [art] a priest forever after the order of Melchizedek, By so much was Jesus made a surety of a better testament", that is, a **new covenant**" (*ibid*, KJV).

Let me explain further: The Jewish nation was required to teach a diet free of *unclean foods*. Some priests were not faithful to this calling—eating the "abomination." God must deal with these hypocrites—like Jesus cleansing the temple. There are some prophecies in the Old Testament predicting what *should have happened if the Jews accepted Christ when He came—and it included judgments against the disobedient*:

"For by fire and by his sword will the LORD plead with all flesh: and the slain of the LORD shall be many. They that sanctify themselves, and purify themselves [worshipping] in the gardens behind one [idol] in the midst, eating swine's flesh, and the abomination, and the mouse, shall be consumed together, saith the LORD" (Isaiah 66:15-17, KJV).

Continue reading that chapter to see, of the Jews who were faithful to their calling, these survivors would have then spread the Gospel to other nations.

Because the *Jews lost their original commission*, these verses **must now** be interpreted as follows:

"Isaiah's words must not be taken to directly apply to the *future new earth state*. Secondary applications must be made in harmony with the statements of later inspired writers who have informed us how God's eternal purposes will be accomplished through the Christian church" (*The Seventh-day Adventist Bible Commentary, volume 4, Review and Herald Publishing, 1977, page 339*).

New Testament authors had a direct link to Heaven through Jesus and the Holy Spirit. Although they probably did not know the damaging effects of somatids, today Adventists are better informed. Their founder, Ellen G. White, never quoted the "eating swine's flesh" warnings of Isaiah 66, verses 15 through 18—they don't apply to this time of history—but the *New Testament* has principles of living to the glory of God and being in good health. That is why the General Conference of Seventh-day Adventists later voted to include diet in their official beliefs. This is how *Fundamental Beliefs*, chapter 28, **should** read:

~ Along with adequate exercise and rest, we are to adopt the most healthful diet possible and **[encourage members to embrace a vegetarian diet and voluntarily]** abstain from the unclean *foods* identified in the



Scriptures.

~ Since alcoholic beverages, tobacco, and the irresponsible use of drugs and narcotics are harmful to our bodies, we are to abstain from them as well.

~ Instead, we are to engage in whatever brings our thoughts and bodies into the discipline of Christ, who desires our wholesomeness, joy and goodness.

Since 1974 I have studied several Bible translations and different religions, including the Adventist church, and after reading many different translations of the Bible, and studying the prophetic instructions given to the world through Ellen White, I feel people should remain open to new Bible truths and recommend you take Bible studies Online at this link: <http://www.amazingfacts.org>.

Their scriptural-based message is designed especially for thinking people who want to do God's will as last-day prophecies fulfill. It prepares you for a glorious new life that endures throughout eternity.

In applying those teachings, you will discover how other denominations certainly teach many valid Bible principles of salvation, but lack the **complete message** for the end-of-time Christians who, "keep the commandments of God [all ten], and have the testimony of Jesus Christ—which is the spirit of prophecy" (Revelation 12:17; 19:10).

By learning about this, in addition to preparing yourself for the "distress of nations" Jesus warned of, you will be healthier, live longer and, according to their Loma Linda Health Study, have about half the expected rate of inflammatory diseases (Luke 21:25,26).

Blessings, Charles H. Clever

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EPILOGUE: After researching and writing this paper on somatids, I wondered if perhaps biblically unclean *foods* were responsible for my dog's arthritis. [Princessa](#) limped, was in obvious pain, and she refused to play like [she did on the beach](#) when younger than her 10 years of age.

The food I fed her was recommended as the BEST, boasting dogs could live 27 years; its ingredients included three fruits and twelve vegetables. Obviously it is an excellent food; but, I checked the label. Further down the ingredients list was **ground pork liver**. Wondering if a daily diet of a biblical-unclean food affected her arthritic symptoms, Princessa's diet was changed.

After returning the new \$35 bag of this food, another healthy brand was purchased (Simply Nourish) that included some vegetables, whole grain rice, ground chicken, but no biblically unclean "food."

Within three days Princessa's limp ceased--this indicates that recovery is realized after dietary "unclean" somatids are avoided. Before the week was out she was jumping in the front seat of my car again, and even hopped on my bed. The changes were remarkable and she now barks in the morning to awaken me to play fetch.

So, even ignorant animals, who trust their master to give them the best, suffer at our ignorance--and think for a moment, what do we feed ourselves and children?

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God hides from us the day and hour of Christ's return and the Battle of Armageddon, but now tells the timing of this **entire conflict** between good and evil—when sin is eliminated from the universe.

Have you ever wondered when this cosmic battle is over and, as promised in Revelation chapter 21, Earth is the new capitol of the universe? Then "the tabernacle of God [is] with men, and He will dwell with them, and they shall be his people, and God himself shall be with them, [and be] their God" (Revelation 21:3). That is when, as Daniel 12:7 reads, "all these [prophecies] shall be finished."

Certainly **all promises** did not fulfill before, during, or after the Dark Ages. They **will not all fulfill** in your present lifetime, but God said the "end of the days", that is us, the wise at the "*end of the days*" generation, **shall understand** these things (Daniel 12:9-13).

Now you can "unlock" the "sealed" message of Daniel 12 using the Hebrew word YOM as a "key." That important message is "decoded" for this generation, revealing last-day-events, and also proving Jesus is the

Messiah. Read this important information **free** Online here: <http://revelado.org/thetimeoftheend.pdf>

Do you want more information on the Seventh-day Adventist health message. I wrote a paper that will compare science and God's instructions on health:

<http://revelado.org/clever-adventist-diet.pdf>

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